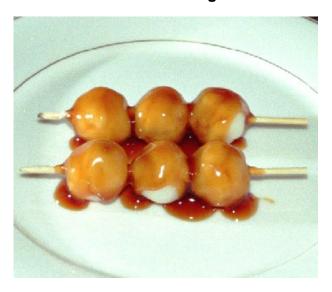
Mitarashi Dango



Ingredients

200 grams Rice Flour 2 tsp. sugar 150 ml warm water 24 Bamboo skewers

For Sweet Soy Sauce

- 5 Tbsp. sugar (adjust sweetness to your liking)
- 1 Tbsp. soy sauce
- 1 Tbsp. mirin
- 4 Tbsp. water
- 1 Tbsp. corn starch
- 1 Tbsp. water for dissolving corn starch

Procedure

- 1. Combine Rice Flour and sugar in a bowl.
- 2. Stir in warm water a little bit a time and knead slowly until the dough becomes smooth. The texture is like squeezing an "ear lobe" (that's how we describe the tenderness for this type of mochi in Japanese).
- 3. Divide into 2 equal pieces until you have 8 balls. Then divide each one into 3 equal sized balls. You will end up with 24 pieces.
- 4. Gently place dango in the large pot of boiling water.
- 5. Dango will stay on the bottom first but they will start floating on the surface. Then cook dango for 1 minute. Remove from pot and transfer into ice water.
- 6. Drain well and put three pieces into a bamboo skewer.

- 7. On the stove top, place the skewered dango on the grill on direct heat over medium high for 4 minute and rotate slowly to char (or you can heat a pan and brush with a little oil and grill on it).
- 8. For sauce, combine sugar, soy sauce, mirin and water in a saucepan. Stir occasionally and bring it to a boil.
- 9. Once it boils, add the corn starch and water mixture to the sauce and make sure it dissolves well. After the sauce thickens, turn off the heat.
- 10. Place dango on a plate. Using a brush, coat with sweet soy sauce on dango.

Serves: Makes 24 Mitarashi Dango